

Course Information Sheet



Course Code and Name: GL0057465 Cooking Confidence and Next Steps

Venue: Keepers Hub
Symn Lane
Wotton-Under-Edge
GL12 7BD

Start Date: 05 October 2023
End Date: 19 October 2023
Day: Thursday
Time: 09:30 to 11:30
Weeks: 3

Tutor: Matthew Leach

Course Provider: Adult Education in Gloucestershire

Course Summary

"Start to hone your cooking skills on this next steps course

- Become confident with chopping, weighing and measuring
- Work independently on your various recipes
- Be creative in the kitchen
- Apply your understanding of budgeting, food storage and using leftovers
- Think about next steps"

Eligibility

Learners must be over the age of 19 and a UK resident in the last 3 years. Learner must be one of the following: Unemployed/earning below £20,319/retired; Learning disability; Mental health difficulty; qualified below a level 2 (less than 5 GCSEs). There may be a cost for people in work.

How will the course be taught?

"Learning will take place in small friendly classes using, individual and group work, demonstration, discussion and using a variety of practical activities"

How will I know how well I am doing?

You will follow your own individual learning plan with progress recorded by tutors and yourself.

Do I need any prior knowledge or qualifications?

No prior knowledge required.

What do I need to bring?

No materials needed

How do I join the course, or find out more?

contact: thekeeperscommunityhub@gmail.com

Cost

Free to eligible learners.

What course can I do next?

No information provided

Information and Advice for Progression

Advice will be given on an individual basis throughout the course. Please contact your tutor for information about suitable progression routes

Health and safety

All of our venues undergo a health and safety audit on a regular basis. The tutor will advise on health and safety guidelines at the beginning of the course, these guidelines will be followed throughout the course.

Further information

No information provided