

Course Information Sheet



Course Code and Name: GL0057325 Cert-Understanding Nutrition & Health L2

Venue: Online Learning

Start Date: Flexible, from 01 August 2023

End Date:

Day:

Time:

Weeks: 12

Tutor: Alana Hills

Course: Adult Education in

Provider: Gloucestershire

Course Summary

This certificate in understanding nutrition and health provides training in the principles of healthy eating and weight management, nutrition in the context of eating disorders and how to prepare food safely in a home environment.

Eligibility

19 years or above

How will the course be taught?

Online/Distance

How will I know how well I am doing?

Track progression on platform, feedback from assessor

Do I need any prior knowledge or qualifications?

None

What do I need to bring?

You will need access to a Phone or Tablet

How do I join the course, or find out more?

Contact: Becci.Allen@gloucestershire.gov.uk

Cost

£724.00. It is free to eligible learners.

What course can I do next?

Health and Social care qualifications or a role in Health and social care.

Information and Advice for Progression

Contact: Becci.Allen@gloucestershire.gov.uk

Health and safety

N/A

Further information

Contact: Becci.Allen@gloucestershire.gov.uk