Course Information Sheet



Course Code and Name: GL0057493 The Power of Plants

Venue:	Lydney Youth & Community Cer Naas Lane Lydney Gloucestershire GL15 5AT	ntre		: 03 October 2023 24 October 2023 Tuesday 10:30 to 13:20 4
Tutor:	Amanda Zayan		Course Provider:	Adult Education in Gloucestershire
Course Summary		Join us on this 4 week course and gain confidence exploring the benefits of plants for health & wellbeing; explore the properties of herbs for culinary use, work with essential oils to discover how we can use them. The sessions will provide opportunities for peer interaction and sharing of knowledge in addition to practical work.		
Eligibility		Learners must be over 19 on the 1st August of the academic year they start their learning. Note: if not ordinarily resident in UK for 3 years (Please speak to a member of staff to confirm eligibility for funding).		
How will the course be taught?		"Learning will take place in small friendly classes using, individual and group work, demonstration, discussion and using a variety of practical activities		
How will I know how well I am doing?		You will follow your own individual learning plan with progress recorded by tutors and yourself.		
Do I need any prior knowledge or qualifications?		No prior knowledge required.		
What do I need to bring?		All resources will be provided by the tutor		
How do I join the course, or find out more?		If you are interested, please contact us by telephone 01452 583452 or email karen.stiles@gloucestershire.gov.uk		
Cost		Free to eligible learne	ers	
What course can I do next?		We can help you decide the best way forward for you. You could progress onto further courses and vocational qualifications.		
Information and Advice for Progression		Advice will be given on an individual basis throughout the course. Please contact your tutor for information about suitable progression routes		
Health and safety		All of our venues undergo a health and safety audit on a regular basis. The tutor will advise on health and safety guidelines at the beginning of the course, these guidelines will be followed throughout the course.		
Further information		For further informaiton please contact karen.stiles@gloucestershire.gov.uk		